



**Kinetik**  
 c/o Saskatoon City Hospital  
 8<sup>th</sup> Floor, 701 Queen Street  
 Saskatoon, SK S7K 0M7  
 Tel: (306) 655-8974  
 Fax: (306) 655-7878



### Kinetik Services Referral Form

Client Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_

**Please check services requested:**

- Primary Treatment**  
 Services are provided by Physical Therapists, Occupational Therapists, and Exercise Therapists. Treatment programs may include hands on treatment for specific joint and muscle dysfunction, exercise programs, and instruction in self-management strategies.
- Multidisciplinary Treatment**  
 Services are provided by a team made up of a Physical Therapist, Occupational Therapist, Psychologist and Exercise Therapist. Services may include: Treatment for specific joint and muscle dysfunction, active physical/functional conditioning, simulated work activities, counselling and education sessions.
- Multidisciplinary Assessment**  
 Services are provided by Physical Therapists, Occupational Therapists, Exercise Therapists, Psychologists, and Physicians. The client's recovery progress including medical, physical, functional, and psychosocial status is reviewed. Recommendations are made for further management or treatment.
- Work Site Evaluation / Physical Demands Analysis**  
 A Work Site Evaluation assesses the work environment and work tasks in order to establish the physical and behavioral abilities required for a specific job. A Physical Demands Analysis (PDA) assists where there is a duty to accommodate by matching an employee's ability to a specific job. PDA's can also be useful for directing rehab programs, developing return to work programs, establishing accurate Pre-Employment Screens and developing injury prevention strategies within the workplace.
- Ergonomic Evaluation**  
 An Ergonomic analysis evaluates specific risks within job tasks. By modifying the physical demands of a job, ergonomics fits the work to the employee performing the work. This can decrease the number of cumulative injuries and improve productivity. Recommendations address the physical work environment, as well as routines in the work place as possible contributors to injury.
- Functional Capacity Evaluation**  
 A Functional Capacity Evaluation is a standardized, objective assessment used to determine an individual's ability to perform work. The evaluation is an effective tool in determining whether an individual has the necessary physical capacity to return to a specific job or whether other vocational avenues need to be explored. An FCE can help answer important questions including alternative treatment options, likely outcomes following appropriate treatment and current level of work capability.
- Pre-Employment Screening**  
 Pre-Employment Screens have proven to be cost-effective when used to assess potential candidates for material handling or similar positions. A PES can fairly measure the ability of a new employee to meet the physical demands of a specific job. When used strategically, the PES can decrease time loss among new hires in the first two years of employment.
- Fitness Testing**
- Custom Orthotics**  
 Comments: \_\_\_\_\_

History: : \_\_\_\_\_

Precautions: : \_\_\_\_\_

Referring Agency: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_